

iirsm  
TRAINING

# IIRSM Training

Risk management skills and knowledge for  
a more resilient, sustainable world of work

#KNOWLEDGE #SKILLS #CONFIDENCE

# IIRSM Training

Risk management is essential to the resilience and long-term sustainability of any organisation.

In a fast-moving, unpredictable world of work, organisations must be ready to handle a whole host of challenges, from cyber attacks and supply shortages to security threats and global pandemics.

Now, the International Institute of Risk and Safety Management (IIRSM) has developed a range of training solutions to help you and your organisation build resilience and manage risks in all their forms.

Delivered in a live online learning environment, we have teamed up with leading experts in risk management to design courses that give you the skills, knowledge and understanding to enhance your decision making and deal with whatever challenges are thrown at you.

These courses are for you if you're a risk professional or someone with responsibilities for managing risk in your organisation. Together, they deliver learning relevant for managing risks across industry sectors and in any part of the world.

# Courses

Managing Risk - The Essentials

Meaningful Measures

Effective Problem Solving

Running an Effective Risk Workshop

ISO Standards and Risk Management

Introduction to ISO 45003

Developing an Effective Wellbeing Strategy

Embedding Staff Wellbeing

CDM and Building Safety - an evolving picture

# Managing Risk - The Essentials

Risk management should be integrated throughout every organisation, no matter its type and size. Everyone, regardless of role and seniority, needs to be able to manage and take risks. Ultimately, effective decision making and successful performance is the mark of excellence in risk management.

Managing Risk - The Essentials is an online course designed to deliver a practical and engaging experience. It uses real-world case studies, short bursts of content delivery, video, interactive polls, and group discussions in break-out rooms. The experience is not only an enjoyable one, but you will gain invaluable knowledge and skills.

By the end of this course, you will be able to

- use risk management to improve your decision making
- analyse how the external world and internal organisation drive achievement of your objectives and how you can influence their impact
- apply practical tools to assess, manage and communicate risk
- understand how a simple risk management framework can make your organisation more resilient and successful
- understand the critical importance and role of people and culture.

Managing Risk - The Essentials is split into two online 120-minute sessions taking place over two consecutive days.

By attending, you will receive a course handbook, risk checklist, risk register template, example risk policy, a bow-tie template and a certificate of attendance.



For upcoming courses, scan the QR code here

[www.iirsm.org/events/managing-risk-essentials](http://www.iirsm.org/events/managing-risk-essentials)



# Meaningful Measures

Measurement is vital because it gives us an understanding of how we are performing as risk managers and as an organisation, and where and how we can improve.

In this workshop, you will explore KPIs vs performance measures, the difference between helpful and unhelpful measures and how to balance methods of performance management.

Take our Meaningful Measures course and you will be able to

- understand the different kinds of measures used within organisations, such as leading, lagging and balancing
- understand what constitutes a good performance measure and how that is different to a KPI

- understand why targets aren't being met
- drive accountability within your teams and increase engagement and performance.
- create an initial scorecard based on existing business processes or KPIs

This three-hour session combines well with the Effective Problem-Solving workshop. Course takeaways include a course handbook, scorecard and certificate of attendance.



For upcoming courses, scan the QR code here

[www.iirsm.org/events/meaningful-measures](http://www.iirsm.org/events/meaningful-measures)

# Effective Problem Solving

We humans think we are great at solving problems, but how effective are we really? Do we too often bring our particular point of view to the table and identify short-term fixes that mask the real issues?

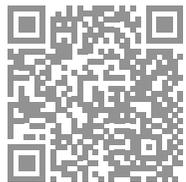
This three-hour IIRSM workshop introduces a four-step problem solving framework that encourages

- robust problem definition
- quantification of impact
- finding the root cause
- choosing the right solution
- validation of results

By the end of Effective Problem Solving you will be able to

- understand the 4Cs problem solving method and why it is effective
- enable more structured and measurable root cause problem solving in your organisation
- take actionable steps towards solving a current problem
- build your skills in coaching others through their own problem solving dilemmas
- drive autonomy and ownership in teams through giving them the skills to address their own obstacles

This session, which comes with a course handbook, problem solving framework resource and certificate of attendance, combines well with our Meaningful Measures workshop.



For upcoming courses, scan the QR code here

[www.iirsm.org/events/effective-problem-solving](http://www.iirsm.org/events/effective-problem-solving)



# Running an Effective Risk Workshop

Gaining an understanding of the risks your organisation faces is a challenge. It's common for teams to confuse risks with current issues, focus only on internal risks or health and safety risks, or only look at risks within certain projects.

In this practical virtual course, we examine how an organisation-wide risk register can be created by using a facilitated workshop.

We set the scene with a short overview of why risk

management is important, outlining the benefits of understanding risks and their impact on an organisation.

We then identify who in your organisation should be involved in an effective risk workshop.

Using role play, we then run a short workshop and give you tips and techniques for managing a virtual session of your own. Finally, we will look at how to collate information and share next steps and actions.

This course is split into two online 120-minute sessions on consecutive days, and by the end you will be able to

- explain the benefits of a risk workshop
- structure a session that is time efficient
- identify key stakeholders
- facilitate a session to be held either face-to-face or virtually
- capture key risks
- identify follow up actions and activities

Course takeaways include a course handbook, risk register template and certificate of attendance.



For upcoming courses, scan the QR code here

[www.iirsm.org/events/  
running-effective-risk-workshop](http://www.iirsm.org/events/running-effective-risk-workshop)

# ISO Standards and Risk Management

Organisations in every sector adopt ISO standards, and each standard has a requirement for risk management.

However, what do the standards expect and how, as risk leaders, can we ensure that our organisation continues to manage risks identified during the ISO process? How do we ensure that achieving and adopting an ISO standard is more than a tick box exercise?

On this virtual course, we will look at how risk is identified and managed with the popular ISO9001 and ISO45001 standards.

We will then examine the Annex SL structure common to these standards and understand how aspects can be integrated, providing a more effective and efficient management system.

Take this course if you want to

- understand the structure of an ISO standard, and why effective risk management is critical to successful certification
- gain an understanding of how risk is managed in ISO standards

- identify where risk may come from, including external and internal influences
- apply different methods to identifying risks
- effectively capture and communicate risks

ISO Standards and Risk Management is split into two online 120-minute sessions taking place over two consecutive days, and you'll take away a course handbook, a risk register template and certificate of attendance.



For upcoming courses, scan the QR code here

[www.iirsm.org/events/iso-standards-and-risk-management](http://www.iirsm.org/events/iso-standards-and-risk-management)



# Introduction to ISO 45003

ISO 45003 is the international standard for psychosocial health and safety and gives a framework for employers to protect the mental wellbeing of their people.

In many organisations, the management of workplace mental health and wellbeing is reactive or remedial. It raises awareness or provides support for employees who are already struggling, rather than focusing on prevention and reducing the risks.



ISO 45003 lays out a framework and best practice for identifying possible causes of psychosocial risks in the workplace, and comes up with a plan to remove, reduce or treat them before they cause problems that require later intervention.

This three-hour workshop, with an accompanying course handbook and attendance certificate, provides an overview of this important international standard, and examines how to apply existing risk management approaches to psychosocial risk.

Take Introduction to ISO 45003 and you will be able to

- understand the reasons for the creation of ISO 45003 and how it affects employers and employees
- explain how the management of psychosocial risk differs from physical risk
- speak confidently about psychosocial health and safety in relation to employee wellbeing and mental health



For upcoming courses, scan the QR code here

[www.iirsm.org/events/introduction-iso45003](http://www.iirsm.org/events/introduction-iso45003)



# Developing an Effective Wellbeing Strategy

This half-day interactive workshop will run through the six stages to developing a wellbeing strategy and you will leave with a plan of development areas and practical actions to implement in your organisation.

We will review leading research and evidence into what makes an effective wellbeing strategy and bring in real-life examples and insights to make the content practical and relevant.

It is a collaborative workshop where we encourage you to share, learn and support one another as you will have plenty of valuable experience to bring to the group.

Whether you already have a wellbeing plan in place, or are unsure whether you need one, Developing an Effective Wellbeing Strategy will help you to make simple, positive changes in your organisation to improve the wellbeing of your workforce.

By the end of this three-hour course you will be able to

- identify what wellbeing means to your organisation and tie the strategy in with its vision and values
- understand how to gain buy-in and engagement from all stakeholders
- review current working practices, policies and processes and what is / is not working well
- learn and share with other businesses what is working, not working and ways to overcome potential barriers
- identify what support needs to be part of your wellbeing strategy
- put in place an action plan of development needed for each of the six stages discussed



For upcoming courses, scan the QR code here

[www.iirsm.org/events/developing-effective-wellbeing-strategy](http://www.iirsm.org/events/developing-effective-wellbeing-strategy)



# Embedding Staff Wellbeing

This one-day workshop for managers and leaders helps to develop proactive tools and behaviours to embed positive staff wellbeing. From practical techniques and tools to soft skills in listening and having difficult conversations, this training forms a fundamental part of leadership development.

We focus on how managers can have a positive impact on mental wellbeing in the work-place without being an 'expert', and how you can clearly define the boundaries of your role.

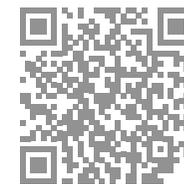
The aim is to develop proactive leaders who create open and supportive working environments, are confident in spotting signs and addressing issues early, and feel equipped to support a team member who is struggling with their mental health. Part of this workshop would also be to identify self-care strategies to keep leaders well.

Safety message: Nobody will be expected to share anything personal if they do not wish to and training takes place in a safe and supportive environment.

We will briefly touch on topics which may be emotive including depression, anxiety and suicide.

By the end of this five-hour course you will be able to

- understand your responsibilities as a manager/ leader in embedding staff wellbeing
- understand your own perceptions and biases that exist surrounding mental health
- identify warning signs and changes in yourself and others as early as possible
- build confidence in listening and communicating about mental health and wellbeing
- develop tools and proactive behaviours that will minimise stress and create a supportive environment
- understand where to go for further support



For upcoming courses, scan the QR code here

[www.iirsm.org/events/embedding-staff-wellbeing](http://www.iirsm.org/events/embedding-staff-wellbeing)

# CDM and Building Safety - an evolving picture

This interactive virtual workshop will help you understand the holistic approach to procurement and design with client engagement.

You will learn how to demonstrate good and compliant design through the project Design Risk Management (DRM) process.

You will understand how to combine teamwork and collation of relevant information with facilitation and orchestration processes to ensure significant issues and risks are identified and managed during all design work stages, including the construction phase.

With our highly interactive approach, you will get the opportunity to discuss the key issues as they relate to your own experience, and work on real-life scenarios. You will then be able to apply your learning immediately to current as well as future projects.



For upcoming courses, scan  
the QR code here

[www.iirsm.org/events/  
cdm-and-building-safety-evolving-picture](http://www.iirsm.org/events/cdm-and-building-safety-evolving-picture)

This IIRSM workshop, taking place over two sessions on consecutive days, will give you an understanding of DRM on any type of building or infrastructure project within the context of the current CDM 2015 Regulations and Building Regulations, under the forthcoming Building Safety Act.

In short, this course covers

- theory and principles relating to CDM and Building Regulations, where applicable
- changes and implications
- applying a strategic analysis approach to projects
- client responsibilities

CDM and Building Safety - an evolving picture comes with pre-course requirements, including familiarising yourself with the strategy brief and DRM toolkit provided in advance. You will need to come prepared on day one with a completed strategy brief for one of your own projects.

Delegates will be required to apply their learning from day one to their project and report their findings on the second day.





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## Contact us

For more information about IIRSM Training and the courses we offer, email [training@iirsm.org](mailto:training@iirsm.org) or visit [www.iirsm.org/training](http://www.iirsm.org/training)



[www.iirsm.org](http://www.iirsm.org)